

# Phototherapy in Prison Training Days

Kiipula College, Kiipulantie 507 , FIN-14200 Turenki (Preliminary program : subject to change)

## THURSDAY 18.09

**8:30 - Coffee in Rustholli / canteens**

**9.00 - 10.00** - Auditorium

- A brief introduction Phototherapy in prison - the project
- The project's experiences / methods
- The use of photo therapy and counseling work
- Emotional intelligence and emotional learning

**10 - 11:30 - Exercise in two groups**

- Picture Cards
- introduce yourself

**11.30 - Lunch Rustholli / canteen**

**12.30 - 15.00**

- Counselling work /authoritative vs. facilitative (Heron's six categories of intervention)
- My important photo, training in small groups 3 person Group
- Photo workout

Afternoon coffee during sessions

**16.00 - Dinner Rustholli / canteen**

**17.00 - photography training**

- technics
- portrait

**19.00 The potential for social gatherings Kiipula hut**

## FRIDAY 19.09

**08.30 - Morning coffee at the canteen / Rustholli**

**9.00 -11.30 - Photo Exercise Photobook / Photo Voice project - presentation of the method**

**11.30 - Lunch Rustholli / Canteen**

**12.30-15.00**

- Photo Voice presentation of the method / Photo Exercise picture book
- Review of images , gallery, feedback and intermediate tasks of administration

**Intermediate tasks and instructions 22.9.-2.10.2014**

- Your own photo project (Powerpoint or paper)
- own use and experiment of photographs

## **FRIDAY 10.03**

**08.30** - Morning Coffee

**9.00 - 11.30** - Review of intermediate exercises

**11.30** - Lunch at the canteen / Rustholli

Portrait of **12.30-14.00**

**14.00** Feedback

**14.30** The end